



# Rassias Center of Dartmouth

# Mexico

**Traditions, Wisdom, Visions:  
An Exploration of Culture and Language**  
*August 9 - 17, 2025*



**Immerse in language and culture with all your senses in Mexico City and beyond.**

Mexico is a land of contrasts and paradoxes: Rural - Urban, Traditional - Entrepreneurial, Indigenous - Colonial. Join our expert leaders for a transformative exploration of authentic Mexico. Discover the wisdom of its ancient traditions intertwined with modern life. Engage with its people. Experience its cuisine. And advance your Spanish language skills.

*No previous Spanish language experience necessary.*



Rassias Center for World Languages and Cultures of Dartmouth College  
[rassias.dartmouth.edu](http://rassias.dartmouth.edu) | 603-646-2922 | [rassias.center@dartmouth.edu](mailto:rassias.center@dartmouth.edu)





### During our exploration of authentic rural and urban Mexico, we will:

- Explore some of the many treasures of Mexico City's Centro Histórico, a UNESCO World Heritage Site, built atop the ruins of Tenochtitlán, the capital of the Aztec Empire, where history and modern dynamism intersect.
- Be hosted by the indigenous community of Temachtiani – 'Those who share what they know' – in the birthplace of the Aztec deity Quetzalcóatl. Here, we will make tortillas the traditional way and connect deeply with the culture, the rituals, the food, and the way of life of this deeply spiritual community.
- Visit the precolonial canal and chinampa system in Xochimilco – another UNESCO World Heritage Site – and learn from entrepreneurs who are working to restore and conserve the area's sustainable growing practices to provide nutritious food for Mexico City.
- Journey through Mexico's rich cultural heritage and unravel fascinating stories of Mesoamerica's ancient civilizations at Mexico's renown National Museum of Anthropology.
- Meet with social entrepreneurs and learn what they are doing to address some of the region's most pressing modern social problems.
- Learn directly from indigenous elders at the two thousand-year-old city of Teotihuacán, yet another UNESCO World Heritage Site.
- Experience and learn about Mexico's diverse and delicious cuisine everywhere we go.

### Your instructors and group leaders:

The program will be led by experienced educators who are both Dartmouth alums and, collectively, have over 60 years' experience as Rassias instructors, Jim Citron '86 and Fernando Ausin '06.

Jim Citron is a Lecturer in the Department of Spanish and Portuguese. His research interests have included relationships between language and culture, cross-cultural adjustment and re-entry, and third culture formation in study abroad settings. He has taught Spanish and Intercultural Communication at the high school, undergraduate, and graduate levels and has held a variety of leadership roles in international educational exchange in the United States and Mexico.

Fernando Ausin has a passion for social justice and environmental stewardship and protection. He is the founder of Ehecalli, Mexico's first Personal Sustainability Center, and led the development of a space dedicated to ecological regeneration, cultural preservation, and personal well-being. Ehecalli serves as a satellite sustainability training center and offers immersive education programs that integrate indigenous wisdom with modern sustainability practices.



### What is included:

- Cultural immersion and instruction in the Rassias Center of Dartmouth College language learning method
- Two experienced Rassias program directors
- Single rooms with private ensuite bathrooms
- All meals (from dinner on arrival date up to and including breakfast on departure date)
- Round trip airport transfers
- All entrance fees, guides, drivers, and gratuities
- Travel assistance coverage
- Authentic Mexican experience that partners with local, independent, and community-oriented businesses
- Supports local communities and economies while ethically and respectfully engaging with the local culture



### What to know:

This program is for ages 18+  
It includes moderate walking and activity.  
No previous Spanish language experience necessary.

#### **Program Cost: \$3,999**

*10% discount for a companion participant, sharing the same bedroom. Discount available to companion participant only.*

**Details, deadlines, and registration at [rassias.dartmouth.edu](https://rassias.dartmouth.edu) or email [rassias.center@dartmouth.edu](mailto:rassias.center@dartmouth.edu) or call 603-636-2922**



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